



GENESTRA BRANDS

# 5HTP 100mg

AMINO ACID SUPPLEMENT

90 Vegetable Capsules

## Supplement Facts

Serving Size 1 Capsule  
Servings per Container 90

### Each Capsule Contains

L-5-Hydroxytryptophan  
(from *Griffonia simplicifolia* seeds) 100 mg \*

\* Daily Value not established

Other ingredients: Cellulose, hypromellose

# Seroyal

Manufactured for  
Seroyal USA  
Pittsburgh, PA 15275  
1-888-737-6925

V2 456-90U



**Recommended Adult Dose:** Take one capsule three times daily with meals or as recommended by your healthcare practitioner. To minimize the risk of gastrointestinal side effects, start dosing at one capsule two times daily and slowly increase to recommended dose over a two week period. **Risk Information:** Do not use if you have scleroderma. Consult your healthcare practitioner prior to use if you are pregnant, breastfeeding, taking any medication, or have any health condition. Discontinue use and consult your healthcare practitioner if you show signs of weakness, oral ulcers, abdominal pain accompanied by severe muscle pain or experience skin changes. Some people may experience diarrhea, nausea, vomiting, abdominal pain or drowsiness. Exercise caution if operating heavy machinery, driving a motor vehicle or involved in activities requiring mental alertness. **Guaranteed** to contain no added wheat, starch, yeast, gluten, corn, soy, sodium, sugar, artificial coloring or flavoring, antimicrobial preservatives, dairy or animal products. Ideal for vegans. **The capsules** are made from 100% pure vegetable sources, free of preservatives and additives. **Quality Assurance:** Safety-sealed for your protection and for product freshness. Do not use if outer seal is missing or broken. Store in a cool, dry place. Keep out of reach of children.